



## Reflection Questions

### Leaders Eat Last

Have you found it hard to prioritise the needs of the team over your own? What got in the way?

### Circle of Safety

In what specific ways do Individuals in your team feel safe and supported?

### Stress

What is the level of stress your team is going through? How do you know?

### Empathy in Leadership

How specifically do you express Empathy to your team? Who is not getting that care from you?

### The Infinite Game

What is the long game you are playing?